Columbus City Schools Curriculum Maps Grade Band 9-12 Semester (18 week) Plan

Week	Unit	Standard	Assessment
1	PE Fitness	4A	Pacer test/ Muscular Endurance
2	Fitness	4A/4B	Strength/ Flexibility
			Fitness goals and plan written work
3	Fitness	1B/4B	Fitness goals and plan written work
	Ultimate Frisbee		
4		1B	Offense/Defense
	Ultimate Frisbee Tournament		
5	Team Handball	1B	Invasion games
		2A/2B	Skills analysis written work
6	Team Handball	1B-	Invasion games
		2A/ 2B	Skills analysis written project
7	Volleyball unit		Net games
		5A- 5B	Safety- self directions
			Cooperation/respect
8	Volleyball Tournament	1B	Net games
		5A-5B	Skills assessment
			Safety- self directions
			Cooperation/respect
9	Leisure games		Badminton/Tennis/ Bocce ball/Golf/Wii
	Physical Activity		

10	Leisure games		Badminton/Tennis/ Bocce ball/Golf/Wii
	Physical Activity		Physical Activity Pyramid
11	Leisure games		Badminton/Tennis/ Bocce ball/Golf/Wii
	Physical Activity		
12	Leisure games		Badminton/Tennis/ Bocce ball/Golf/Wii
	Physical Activity		Physical Activity Plan
13	Lacrosse unit	1B	Invasion games
	skills		
14	Lacrosse unit	1B	Invasion games
	Tournament		Manipulative skills
15	Gymnastics and Dance	1A	Practice- Introduction
16	Gymnastics and Dance	1A	Practice/ perform and assess
	Talent show		
17	Basketball	1B	Invasion games
	Skills and lead-up		
	games		
18	Basketball Tournament	1B	Invasion games
			Basketball skills assessment